

**adha**<sup>™</sup>

**Iowa**  
DENTAL HYGIENISTS'  
ASSOCIATION

# Fall Event 2025

Friday, October 3, 2025

**6 CEUs**

FFA Enrichment Center  
DMACC Ankeny Campus  
1055 SW Prairie Trail Parkway  
Ankeny, Iowa

Register Online at  
[www.iowadha.com](http://www.iowadha.com)



# Schedule of Events

7:30 - 8:30 AM	Corporate Exhibits Open, Registration Open, Breakfast
8:30 - 11:45 AM	<b>MORNING SESSION:</b> <i>Treating Periodontal Disease in the Post-Antibiotic Age</i> <b>Ankur Gupta</b>
11:45 - 12:45 PM	Lunch Provided with All Day Registration* <i>Corporate Exhibits Remain Open</i>
12:45 - 4:00 PM	<b>AFTERNOON SESSION:</b> <i>Treating Periodontal Disease in the Post-Antibiotic Age</i> <b>Ankur Gupta</b>
4:00 - 6:00 PM	<b>Trivia Games Social Event</b>

\*IDHA is unable to accommodate special dietary requests.

## Dr. Ankur Gupta



Ankur A Gupta, DDS, after completing a one-year GPR in Cleveland, started a practice from scratch in 2005. Armed with what he considered adequate dental knowledge, hand skills, and a personable demeanor, he watched as his practice floundered, finances became unpredictable, and his lower back and spirit toward his profession became worrisome. Rather than continue the trend, he made a guinea pig out of his office, family, and self, attempting any and all personal and professional “experiments” in self-improvement.

More than a decade later, he enjoys excellent new patient numbers and case acceptance, a solution-oriented dental team; and most importantly, a meaningful and positive identity. He happily shares the failures and successes with dental and

community groups throughout the country, always ending his presentations with practical, implementable, step-by-step ways to be better.

Dr. Gupta graduated from the University of Michigan School of Dentistry in 2004. In 2005, after completing a one-year General Practice Residency in Cleveland, Ohio, he and his partner Dr. Nisha Gupta started North Ridgeville Family Dentistry. In addition to founding North Ridgeville Family Dentistry, Dr. Gupta is a member of the American Dental Association, Greater Cleveland Dental Society, Ohio Dental Association, ADA Success Speaker Corp, and an active board member and speaker for Catapult Education's Speaker Bureau. Dr. Gupta is an AGD/PACE-certified provider.

### ***Treating Periodontal Disease in the Post-Antibiotic Age***

Treating periodontal disease not only improves oral health, it also reduces a chronic infectious burden on patients' immune system. Unfortunately, it is one of the most underdiagnosed diseases. 47% of American adults have chronic periodontitis, but, according to Dental Intel, only 8% of patients get treatment planned for D4341 and D4342. Of that 8%, only half accept the treatment. Without a diagnosis, patients cannot make informed decisions or get the care they need.

Antibiotic adjunctive therapies have a temporary, limited effect. This is because biofilms repopulate after usage and because we are in the post antibiotic age. A broad-spectrum antimicrobial like hydrogen peroxide is an excellent alternative for patients with gingivitis, periodontitis, peri-implant mucositis and peri-implantitis. Attend this presentation to learn the science behind the use of peroxide for the treatment of biofilm-based diseases.

#### **Learning Objectives:**

- Identify the benefits and limitations of antimicrobials with oxidative and oxygenating reactions for biofilm management
- Recognize patient candidates who can benefit from Rx Tray therapy of peroxide
- Evaluate clinical cases and the efficacy of peroxide in treatment

# Registration Information

**Registration is Open! Early Bird Special Ends September 19th!**

**Save Time Register Online at [www.iowadha.com](http://www.iowadha.com)**

Online registration will close on September 26, 2025. After September 26th, you will be able to register on-site (if space is available.) No Handouts will be available onsite. If the speaker provides handouts they will be emailed out to participants 1 week in advance.

*Online processing fees will be applied and fees are non-refundable.*

## Full Day - 6 CEU Lunch Included

*No special dietary requests*

ADHA RDH Member \$130.00  
RDH Potential Member \$230.00  
DDS, DA, or Staff \$230.00

## Half Day - 3 CEU Lunch Not Included

Half Day ADHA RDH Member \$ 95.00  
Half Day RDH Potential Member \$155.00  
DDS, DA, or Staff \$155.00

**A \$40.00 late fee will be added after September 19th.**



## Mail-In Registration Form

IOWA DENTAL HYGIENISTS' ASSOCIATION FALL EVENT 2025

Name \_\_\_\_\_ Name Change?  Yes  No

Address \_\_\_\_\_ Address Change?  Yes  No

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E-mail \* \_\_\_\_\_ License # \_\_\_\_\_

Membership ID # \_\_\_\_\_ Will you be attending the Trivia Game Social Event?  Yes  No

*\*E-mail REQUIRED, as course handout will be e-mailed to attendees one week prior to course. Please WRITE LEGIBLY. No course handouts on-site.*

## Full Day - 6 CEU Lunch Included

Please circle selection:

ADHA RDH Member \$130.00  
RDH Potential Member \$230.00  
DDS, DA, or Staff \$230.00

## Half Day - 3 CEU Lunch Not Included

Please circle which half day course attending:

Half Day ADHA RDH Member \$95.00 AM PM  
Half Day RDH Potential Member \$155.00 AM PM  
Half Day DDS, DA, Staff \$155.00 AM PM

**Complete for Mail-In**

Full Day \$ \_\_\_\_\_

Half Day \$ \_\_\_\_\_ AM or PM

\*Late Fee \$ \_\_\_\_\_ \*(+\$40.00 if postmarked after September 19th)

**Total** \$ \_\_\_\_\_

**If mailing in, please make checks out to IDHA and mail to IDHA Treasurer:**

Amy Weishaar, 204 Central Ave, Charles City, IA 50616

No refunds after September 26, 2025. Online processing fees are non-refundable. Please email Amy Weishaar at amyweishaardh@gmail.com if wanting a refund before September 26, 2025.

Amy Weishaar  
IDHA Treasurer  
204 Central Ave  
Charles City, IA 50616

## Thank You to our Fall Event Sponsor!

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### Fall Event Notes:

*Please dress in layers to accommodate for temperature variations.*

*Questions regarding the course or need special assistance,  
please contact Angie Kelley at [akelleyrdh@gmail.com](mailto:akelleyrdh@gmail.com).*

*We look forward to seeing you in October.*