

Welcome!
103rd Annual Session
May 3-4, 2024

**The Hotel at Kirkwood Center
7725 Kirkwood Blvd SW
Cedar Rapids, IA 52404**



Up to 14 CEUs Available!

Register Online
www.iowadha.com



About the Meeting

Vice President's Welcome Message Annual Session 2024



Hello everyone! Another Annual Session is quickly approaching! This year IDHA's Annual Session will be held on Friday, May 3rd, 2024 at the Hotel Kirkwood in Cedar Rapids, Iowa located at 7725 Kirkwood Blvd SW, Cedar Rapids, Iowa 52404

We will have a block of rooms at the hotel under the Iowa Dental Hygienists' Association (IDHA). If you need reservations, please be sure and mention us so you are able to get into our discounted room block. This discount will only be available until we run out of rooms so please book your hotel reservations early.

Our Friday presentation will feature Amber Auger speaking on two different topics. Her morning topic is titled "Donuts, Diabetes and Dentistry" and her afternoon topic is titled "Progressive Perio Therapy". Both topics promise to be full of great information and will be a total of 6 CEU's.

This year we are going to try something different on Friday morning prior to the beginning of Amber's courses. We will be offering a "Members Only" PDT-Hawkeye Probe Breakfast during which time the students will present their Scientific presentations. Attendees will earn 1-hour of CEU credit. This breakfast will have limited seating so please sign up early if you would like to attend. Also on Friday there will be many exhibitors to visit as well!

Our Saturday, May 4th classes will feature Mary Kelly RDH, MS and her topic will be "The Dementia and Dental Dilemma" that will be 2 CEU's and then Ronda Anderson will be speaking on "Jurisprudence" and "Infection Control", both 1 hour CEU's each.

I would like to take this opportunity to let you know, the Iowa Dental Hygienists' Association strives to support the profession of the dental hygienist. As an association, we are aware that CE is everywhere. IDHA spends a lot of time researching presentations and speakers for our events. If you would like to have a specific topic or speaker in Iowa, please share your ideas on the evaluation sheets provided at the end of the conference. Your feedback is always appreciated and helpful to us in making selections for future speakers and topics.

I am looking forward to seeing all of you at Annual Session this year.

If you see me, please come up and say hello to me. (Most of you know what a social butterfly I am) and I hope that you all have a wonderful time at this year's meeting!!

Warm Regards,

Jennifer Faux (Pierce) RDH

Vice President of the Iowa Dental Hygienists' Association
IDHA 2

Meet Our Leaders



Amanda Jay, RDH
President



Amy Weishaar, RDH
President Elect



You Are Invited!

*President's Party,
Awards and Music Bingo
Social Event*

**Friday, May 3
4:30 pm - 7:30 pm**

*We hope you
can join us!*

Meeting Reminders

Hotel Specifics

The Hotel at Kirkwood Center
7725 Kirkwood Blvd SW
Cedar Rapids, Iowa 52404

We will have a block of rooms at the hotel under the Iowa Dental Hygienists' Association (IDHA). If you need reservations please be sure to mention IDHA so you are able to get into our discounted room block. This discount will only be available until we run out of rooms so please book your hotel reservations early. The cut off date for reserving rooms is **April 11, 2024**. Please call 319-848-8700 to reserve your hotel room.

Friday lunch is included

IDHA no longer accommodates special dietary requirements.

Session Handouts

Handouts will not be available on-site. All registrants will receive an email with the handout, one week prior to the course. If you do not receive an email, please contact IDHA Treasurer, Donnell Miller at donnellaiardh@gmail.com.

For Your Comfort

To accommodate temperature variations at the site, please dress in layers. Special needs or questions, contact, IDHA Treasurer, IDHA Treasurer, Donnell Miller at donnellaiardh@gmail.com

By registering for this meeting, you are acknowledging that an inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending the meeting, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold IDHA or any directors, officers, or volunteers liable for any illness or injury.

Schedule of Events

103rd Iowa Dental Hygienists' Association Annual Session Schedule

Friday, May 3, 2024

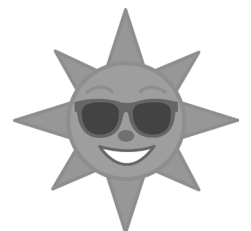
7:00 am - 8:00 am	Limited Seating. IDHA Members Only. PDT-Hawkeye Probe Breakfast, Student Presentations with judging. Attendees will receive a Free PDT Hawkeye Probe
7:00 am - 8:00 am	Registration, Exhibitors, Continental Breakfast
8:00 am	Announcements
8:15 am - 11:15 am	Donuts, Diabetes, and Dentistry: The Vital Role of the Dental Professionals Amber Auger, RDH, MPH 3 CEU
9:45 am	Break, Exhibits, Student Presentations
10:00 am	Class Resumes
11:30 am - 11:50 am	Exhibitors, Student Presentations
12:00 pm - 1:00 pm	Lunch and General Assembly
1:00 pm - 4:00 pm	Progressive Periodontal Therapy Amber Auger, RDH, MPH 3 CEU
4:15 pm	Installation of the 2024-2025 IDHA Officers
4:30 pm	Awards and President's Party with special Music Bingo (Prizes)

Saturday, May 4, 2024

7:30 am - 8:15 am	Registration
8:15 am - 10:15 am	The Dementia and Dental Dilemma Mary Kelly, MS, RDH, CDP 2 CEU
10:30 am - 12:30 pm	Infection Control and Jurisprudence Ronda Anderson 2 CEU

Show Us Your Smile!

Please be aware that photos taken at the event may be used to promote the IDHA online and/or in print.



Friday Continuing Education



Amber Auger, RDH, MPH

Amber Auger, MPH, RDH, is an esteemed dental hygienist with over 17 years of experience, dedicated to revolutionizing oral care by delving into the root causes of diseases. Her expertise lies in crafting practical systems that seamlessly integrate cutting-edge oral science. Recipient of the prestigious 2019 Sunstar Award of Distinction, Amber is widely sought after as an industry expert. She contributes valuable insights to esteemed publications such as RDH Magazine and DentistryIQ, and holds the role of Editorial Director for the RDH Graduate newsletter. Currently serving as a Clinical Marketing Strategist at Endeavor Business Media, she also captivates audiences through her engaging #AskAmberRDH series. Amber's commitment to global oral health is exemplified

through her provision of preventive hygiene services in diverse locations, including Romania, Kenya, Nicaragua, and the Dominican Republic. An active mentor to fellow hygienists, she champions personal and professional growth through her innovative Thrive in the Op® on-demand course curriculum and live coaching sessions. As the proud owner of the distinguished Functional RDH® certification, Amber empowers professionals to identify dental dysbiosis and restore optimal well-being through comprehensive lectures. Stay connected with Amber on Instagram, where she shares insights and updates at @amberaugerrdh, or reach out to her directly at amberaugerrdh@gmail.com.

Morning Course Donuts, Diabetes, and Dentistry

34.2 million Americans have Diabetes, another 88 million Americans are considered prediabetic, and 3 out of 5 don't know. Glucose is a primary precursor for energy in the body and needs to be tightly regulated for metabolism to work effectively. Metabolic health can be improved by consistently making choices that keep glucose levels in a stable and healthy range and minimize large glucose swings. As a country, our metabolic health is poor with 88% of the American population displaying at least some metabolic dysfunction.

Objectives

- Discover how to identify and prevent metabolic dysfunction that can lead to type 2 diabetes
- Evaluate the connection between blood sugar and the leading causes of death
- Identify the signs of metabolic syndromes that lead to type 2 diabetes
- Review type 1 diabetes and type 2 diabetes
- Identify what is contraindicated for dental treatment based on the patient's HbA1c levels
- Discover the risks of soft and hard tissue disease among diabetic patients
- Investigate the latest technologies to prevent the progression of oral diseases both chairside and at home

Afternoon Course Progressive Periodontal Therapy

Identifying disease at its earliest stages is essential to prevent the progression of oral and systemic diseases. Proper classification of a patient's risk factors and potential rate of progression enables the dental hygienist's role to be fully maximized. This creates a practice that is in full alignment with the standard of care, resulting in raving patients and a thriving practice.

Objectives

- Access the 2017 AAP Periodontal Classifications and review case studies
- Discuss treatment recommendations based on the patient's stage and grade
- Evaluate communication techniques to increase patient acceptance
- Discover common billing errors that prevent insurance coverage
- Review new and innovative ways to improve the chairside experience for both the patient and the clinician including voice recognition technologies, instruments, and new home care items that will optimize patient compliance
- Identify best practices of power instrumentation and the latest hand scaling techniques

Saturday Continuing Education



Mary Kelly, MS, RDH, CDP

Mary is a dental hygienist, an educator, consultant, and most of all an oral health advocate with over 30 years of dental public health experience. Mary Kelly has a master's in dental public health from the University of Iowa's College of Dentistry and a dental hygiene degree from Loyola of Chicago and follows her passion to educate communities on the impact of oral health on total health.

While in graduate school and afterwards, Mary worked on research studies at the College of Dentistry with Iowa's aging population which prompted her to obtain certification as a Dementia Practitioner. Mary is currently a consultant Oral Health Iowa Coalition and a project lead for a dementia prevention program.



The Dementia and Dental Dilemma

In 2025 over 73,000 Iowans who are 65 years or older will have an Alzheimer's disease diagnosis. This number increases if we include all types of dementia across all ages. Efforts to keep people with dementia in their homes and community instead of long-term care facilities means that dental practices need to be ready to care for these patients.

This interactive presentation with case studies, will cover how to recognize a person with cognitive decline possibly before they are aware, concerns over the legal ability to consent for treatment, accept treatment plans and effectively comply with oral hygiene instructions. This course uses evidence-based research protocols for effective and safe treatment of the multiple oral health complexities of the people with Alzheimer's disease and related dementias.



Ronda Anderson

Ronda has been in the Dental Industry for over 30 years. During her time as a distributor representative she realized the need for education in her offices. They needed help resourcing information on the latest in Government Compliance and Infection Control. So, she became a trainer in OSHA and Infection Control to help her customers learn about proper guidelines and protocols. This became a passion that has now culminated with her current employment at HuFriedy Group where she consults with dental offices every day to help them become more efficient, compliant, and safe.

Elevate Your "Standard Precautions"

Not only update you and your staff on the latest in Infection Control Protocols, but elevate your best practices to the highest standard. Learn efficiencies in dental instrument processing, sterilization flow and effective room turn around, that will give you a safe, sustainable workflow and even give you some extra time. Create a culture of safety in your practice thru engineering and work practice controls. Discover new ways to create customized protocols and document test results. This course will not only meet your infection control requirements it will EXCEED IT!



Jurisprudence Review

This course will review rule making process for Iowa Board, Rule Changes in the past few years, Opioid rule, Supervision of DA and RDH, Expanded functions, continuing education requirements, renewal requirements, CDC Guidelines, Infection control issues and Recordkeeping.

Awards

The Distinguished Service Award & IDHA Community Service Award

is presented to

Kathy Thorsteinson



The Future of Dental Hygiene Award

is presented to

Ashley Sonderleiter

Brianne Martin



Save the Dates!

FALL EVENT 2024

OCTOBER 4TH, 2024

TOM VIOLA, 6 CEU'S FFA BUILDING | DMACC CAMPUS, ANKENY, IA

ANNUAL SESSION 2025

APRIL 25TH, 2025 | IN PERSON

FFA BUILDING, DMACC CAMPUS, ANKENY, IA

APRIL 26TH, 2025 VIRTUAL LEARNING

Conference Information

IOWA DENTAL HYGIENISTS' ASSOCIATION 103RD ANNUAL SESSION 2024

The Hotel at Kirkwood Center | 7725 Kirkwood Blvd SW | Cedar Rapids, Iowa 52404
Friday, May 3rd and Saturday, May 4th

Full Two Day Conference

ADHA Member \$100 **UP TO 14 CEU**
Potential Member RDH/RDA/DDS \$150

- Friday Courses Presented by Amber Auger, RDH, MPH 6 CEU
- Friday Attendance Credit 1.5 CEU
- PDT-Hawkeye Probe Breakfast Friday
(IDHA Members Only: Must have RSVP)
- Continental Breakfast
- Student Presentations 1.0 CEU
- Exhibitor booths
- General Assembly Lunch**
- President's Party and Music Bingo Social Event
- Saturday Courses Presented by:
 - Mary Kelly, MS, RDH, CDP 2 CEU
 - Ronda Anderson 2 CEU
- Saturday Attendance Credit 1.5 CEU

One Day - Saturday Only

ADHA Member \$ FREE **5.5 CEU**
Potential Member RDH/RDA/DDS \$ 85

- Saturday Courses Presented by:
 - Mary Kelly, MS, RDH, CDP 2 CEU
 - Ronda Anderson 2 CEU
- Saturday Attendance Credit 1.5 CEU



***IDHA can no longer accommodate special dietary requests.*

Early Bird Discount ends April 17th. Add \$40.00 beginning April 18th.

Online Registration ends April 25th. Pre-registration is required.

Refund Policy: Please email Donnella at donnellaiardh@gmail.com for cancellations. No refunds will be issued after **April 25, 2024**. Online processing fees are non-refundable.

Any questions, please contact IDHA Treasurer, Donnella Miller at donnellaiardh@gmail.com.

Register Online

www.iowadha.com

**Online processing fee will be applied.

Not registering online?

Detach, Complete, and mail form to:
IDHA
2734 E Tiffin Ave
Des Moines, IA 50317

Name _____

Address _____

City, State, Zip _____

Phone _____ Email* _____

License # _____ Membership ID# _____

RSVP:

IDHA Member Only: PDT-Hawkeye Probe Breakfast during Student Presentations YES

Attending the President's Party and Music Bingo Social Event YES

**Email REQUIRED as course handout will be emailed to attendees one week prior to course. Please WRITE LEGIBLY. No course handouts on-site.*

Full Conference \$ _____

Saturday Only \$ _____

* Late Fee \$ _____
(if postmarked after 4/17/24)

TOTAL \$ _____

Mail completed form to:
IDHA
2734 E Tiffin Ave
Des Moines, IA 50317

IDHA Treasurer
Donnella Miller
2734 E Tiffin Ave
Des Moines, IA 50317

Early Bird Registration MUST be received by April 17th.

2024 Annual Session Exhibitors

