

Dental Hygiene in Iowa is growing! I am so excited to say that our bill passed! Dental Hygienists in Iowa may now give Oral Hygiene Instruction in any setting without the supervision of a Dentist! I would like us all to take full advantage of this wonderful opportunity. There are so many people out there that would benefit from this service! Education is the backbone of our profession.

I would also like to talk about the experience that I had with the Expanded Functions Dental Auxillary laws that were passed last year. I completed the Level 1 EFDA last summer. This allows me to place retraction cord, apply cavity liners and bases/bonding systems, taking final impressions/occlusal registration and fabrication/removal of provisional restorations. This has allowed me to help me pick up some of the slack when the Dentist is running behind.

I also completed the Level 2 EFDA in January of this year. I was the first class to go through the course at the University of Iowa. This allows me to place fillings, stainless steel crowns on pediatric patients, take master impressions for fabrication of dentures, do chairside relines and place tissue conditioner. This has opened up a whole new world of dentistry for myself. I now see 2 or 3 restorative patients a day on my hygiene schedule. It's allowed me to learn and grow so much as a provider and to better treat my patients. I highly recommend it to anyone that is looking to broaden their knowledge base of Dentistry. As of right now, I'm the only Hygienist in Iowa who's completed it. This is an amazing opportunity to good to pass up!

I would like the theme for my year as President to be one of growth. I want the dental hygiene profession in Iowa to expand and take advantage of every opportunity that we have.

I thank you for your confidence in my election, and invite you to contact me at any time at the number below.

Kind regards,

Rachel Pfeifer, CDA, RDH, EFDA L2

President

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